

Notes

- Students are required to complete 72 credit hours for the major.
- The following curriculum is for students entering as first-year students in fall 2015 or later.
- See "Simmons PLAN & Graduation Requirements" worksheet for all-college requirements.

Required Math/Science Courses

Course #	Course Title	Credits	Completed
BIOL 113	General Biology	4	
CHEM 111	Introductory Chemistry: Inorganic	4	
BIOL 231	Anatomy and Physiology I	4	
BIOL 232	Anatomy and Physiology II	4	
MATH 118	Introductory Statistics	4	
BIOL 246	Foundations of Exercise and Health	4	

Required Nutrition Courses

Course #	Course Title	Credits	Completed
NUTR 101 or NUTR 201	Food Science or Advanced Food Science	4	
NUTR 112	Introduction to Nutrition Science	4	
NUTR 237	Practice of Community Nutrition	4	
NUTR 215	Sports Nutrition	4	
NUTR 248	Food Production and Service Systems	4	

Required Communications/Management Core Courses

Course #	Course Title	Credits	Completed
COMM 121	Visual Communication	4	
COMM 122	Writing and Editing Across the Media	4	
COMM 124	Media, Message and Society	4	
MGMT 137	Entrepreneurship and Innovation	4	

Required Communication Course

Select ONE of the following communications courses.

Course#	Course Title	Credits	Completed
COMM 163	Radio Operations and Performance	4	
COMM 186	Intro to PR and Marketing Communication	4	
COMM 210	Introduction to Graphic Design: Principles and Practice	4	
COMM 244	Web I: Design for the World Wide Web	4	
COMM 281	Writing for Pub Relations & Integrated Marketing Com	4	
COMM 262	Media Convergence	4	

Capstone

Complete the following to fulfill the capstone requirement.

Course #	Course Title	Credits	Completed
NUTR 381	Advanced Applications in Community Nutrition	4	
NUTR 390	Selected Topics in Nutrition	4	

Non-Required Electives

Consult with your advisor to choose electives in psychology and/sociology or possible other courses that fit with your career goals. The following is a list of possible electives, but there are many more courses you may choose to take.

PSYC 101	Intro to Psychological Science
PSYC 232	Health Psychology
PSYC 236	Psychology of Adolescence
PSYC 239	Psychology of Aging
SOCI 232	Race, Gender and Health
SOCI 241	Health, Illness and Society
SNHS 361	Exercise Assessment and Prescription