

# PERSONAL ASSISTANCE REFERRALS

## Through Your AllOne Health Benefits

*Save Time with  
Personalized Everyday Life Support.*

Your time is valuable. AllOne Health can help you save hours of research and planning by connecting you with curated referrals for a wide range of personal assistance needs. From home services to children's activities, we provide guidance so you can focus on what matters most.

### What It Is

Referrals from our team of experts for a variety of personal assistance-related needs, including home tasks, events, and daily life support. We research, vet, and provide options tailored to your request.

### How It Works

- Reach out to AllOne Health to request a personal assistance referral
- Simply describe the issue you're seeking help with and provide any details or context to ensure you receive a referral tailored to your specific needs
- Personal Assistance referrals are non-transactional

### What It Can Help With

Support is available for a wide range of services:

- Home care, renovation, or repair services
- Grocery and meal delivery
- Transportation, car maintenance, and repair
- Travel planning and itineraries
- Wellness services (spas, gyms, local services)

- Theatre, concerts, and event referrals
- Children's sports, programs, and activities
- Volunteer and donation opportunities

### Why It's Helpful

- Saves you time and reduces stress
- Provides reliable, vetted recommendations
- Helps you manage daily responsibilities with ease

## How To Get Started



Request Personal Assistance Referrals in the **AllOne Health App**



Submit a request through the **Member Portal**



Or **call AllOne Health 24/7** and our team will help connect you

Contact AllOne Health

Call: 800-451-1834

Visit: [allonehealth.com/portal](https://allonehealth.com/portal)

Company Access Code field,  
enter "simmons"

Download the  
AllOne Health  
App

