

Employee Assistance Program (EAP)

Simmons offers an Employee Assistance Program (EAP) through AllOne Health, available to all employees and household members. The EAP provides confidential counseling at no cost for a range of issues, including emotional concerns, legal and financial advice, budget and debt counseling, career guidance, and more. Our EAP also offers services such as researching child care and elder care options.

Visit the [Benefits Website](#) for details and the latest resources from AllOne Health.

To register, visit [MyLifeExpert.com](https://mylifeexpert.com) and click the Sign Up link. In the Company Access Code field, enter "simmons" and follow instructions in the activation email or call **800-451-1834**.

UrbanSitter

Simmons offers an UrbanSitter membership to all employees and students (including adjunct faculty) and staff at no cost.

UrbanSitter is a digital platform that allows you to manage all your family care needs from any device, 24/7. UrbanSitter unlocks your personal network to find trustworthy babysitters through friends, parenting groups and even your children's school. Use the platform to access:

- Coverage for one-time and/or recurring needs
- Detailed profiles that highlight the provider's experience
- Background check options and safety tools
- How to make real-time payments via the app
- Household payroll and tax assistance
- Find a daycare or preschool (learn more [here](#))

To enroll please register using your Simmons email address at urbansitter.com/enroll.

Tuition Benefits

At Simmons we understand the value of education and life-long learning. With this in mind, Simmons offers tuition benefits with specified program requirements for benefit-eligible employees and a tuition exchange program at certain institution for qualified dependents. For more information, access <https://internal.simmons.edu/faculty-staff/working/benefits-compensation/tuition-remission>.

Fitness Memberships

Discounts are available for local gyms. Refer to the "Other Discounts" page at <https://internal.simmons.edu/faculty-staff/working/benefits-compensation/discounts>.

Bank of America

Access financial wellness benefits through the Bank of America Preferred Rewards Program. See internal.simmons.edu/wp-content/uploads/2024/11/BOA-Reward-Details.pdf.

COLLEGES OF THE FENWAY

Simmons University, along with the other colleges of the Fenway, is part of a consortium to enhance the student experience and seek innovation in higher education. For employees, this organization offers participation in fitness and wellness programs, performing arts, conferences, and even enrollment in courses. Visit www.colleges-fenway.org to learn more.

Other Parent Resources

To learn more about other available parent resources, access [Working Parent Resources](#).