

General Studies

Academic Planning Worksheet 2024-2025

Simmons University

Office of Undergraduate Advising

Notes:

- Simmons requires that all undergraduates complete a minimum of 128 credits of coursework, fulfill PLAN and major/program requirements, and submit a Senior Audit form to graduate.
- You may declare a major after you have earned 32 credits. You must declare a major prior to earning 80 credits.

Program Notes:

- All required courses must be taken at Simmons unless they are waived by the director.
- 8 credits of electives must be taken at Simmons.
- Students must complete 32 credits of the 128 credit minimum requirement at Simmons per University policy.

Required Major Courses

Course #	Course Title	Credits	Completed
GENST 101	Introduction to General Studies	2	
SOCI 249 or PHIL 130	Social Justice: SOCI249 Inequalities or PHIL130 Ethics	4	
CHEM 227 or BIO 104	Global Change Science: CHEM227 Energy & Global Warming or BIO 104 Introduction to Environmental Science	4	
BUS 221 or BUS 234	Planning and Organization: BUS221 Project Management or BUS234 Organizational Communication and Behavior	4	
COMM 121 or COMM 122	Humanities, Communication, and Literacy: COMM121 Visual Communication or COMM122 Media Writing and Editing	4	
PH 241, SOCI 245 or SOCI 321	Policy: PH S241 Health, Illness, and Society, SOCI245 Global Health, or SOCI321 Sociology of Food	4	
	14 credits of targeted electives, at least one at 300-level Electives (8 of the 14 electives need to be taken at Simmons)	14	

Capstone

In the General Studies Capstone students complete a final project that integrates their coursework.

Course #	Course Title	Credits	Completed
GENST 395	General Studies Capstone	4	

PLAN Requirements for CompleteDegree@Simmons Students

PLAN (Purpose Leadership Action) is the Simmons undergraduate general education program. Some PLAN requirements can be fulfilled with courses required for this major, as indicated below. Additional PLAN requirements may be fulfilled through electives. PLAN requirements, with the exception of the capstone, are waived for students who have an associate's degree from an accredited institution. We highly recommend that you work closely with your advisor(s) to choose all of your courses.

Course Title		Credits	Completed
Math* : 1) Prior to first term, pass the mathematics competency requirement or 2) enroll in MATH 101 the first semester it is available		0/4	
CNCT 101: Simmons Connect**		3	
LDR 201: Gender and Leadership		4	
CDA 201: Cross-Disciplinary Approaches to Public Issues		6	
CNCT 201: Pathways to Career and Leadership (Recommended after CDA 201)		1	
3D Design Across Diverse Disciplines (introduced in CNCT 201) ***		12	
Requirements		Course Selected	
Language & Culture**** : Two (additional) Global Cultural (GC) courses			4
			4
Quantitative Literacy (QL)		STAT 118 or higher	4
Key Content Areas ***** (KCAs)	Aesthetic, Literary, and Artistic (ALA)	COMM121	4
	Global Cultural (GC)	SOCI 245	4
	Scientific Inquiry (SCI)	BIOL 113, CHEM109	4
	Social and Historical (SH)	SOCI 241, PSY201	4

*Students must satisfy the math competency requirement during their first semester at Simmons. Students who do not pass the mathematics competency exam by orientation or who do not meet the math competency requirement in one of the other ways described above must take MATH 101 in the first semester it is available.

**We highly encourage all students to take Simmons Connect in their first semester, and we recommend this course for all students, even those who enter with an associate's degree.

***The 3D (Design Across Diverse Disciplines) requirement may be met with one course in your major and two additional courses (which may also satisfy KCA requirements).

****Students admitted in the May 2021 cohort are required to take two sequential courses in the same language (for example, French 101 and 102).

*****KCA requirements may be satisfied by courses in your major and/or 3D courses.

Program Contact

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