

Balancing Your Life

Employee Assistance Program (EAP)

Simmons offers an Employee Assistance Program (EAP) through AllOne Health, available to all employees and household members. The EAP provides confidential counseling at no cost for a range of issues, including emotional concerns, legal and financial advice, budget and debt counseling, career guidance, and more. Our EAP also offers services such as researching child care and elder care options.

Visit the [Benefits Website](#) for details and the latest resources from AllOne Health.

To register, visit [MyLifeExpert.com](#) and click the Sign Up link. In the Company Access Code field, enter "simmons" and follow instructions in the activation email or call **800-451-1834**.

Urban Sitters

Simmons offers an Urban Sitters membership to all employees and students (including adjunct faculty) and staff at no cost.

Urban Sitters is a digital platform that allows you to manage all your family care needs from any device, 24/7. UrbanSitter unlocks your personal network to find trustworthy babysitters through friends, parenting groups and even your children's school. Use the platform to access:

- Coverage for one-time and/or recurring needs
- Detailed profiles that highlight the provider's experience
- Background check options and safety tools
- How to make real-time payments via the app
- Household payroll and tax assistance

To enroll please register using your Simmons email address at [urbansitter.com/enroll](#).

Tuition Benefits

At Simmons we understand the value of education and life-long learning. With this in mind, Simmons offers tuition benefits with specified program requirements for benefit eligible employees and a tuition exchange program at certain institution for qualified dependents. For more information, access <https://internal.simmons.edu/faculty-staff/working/benefits-compensation/tuition-remission>.

Fitness Memberships

Discounts are available for local gyms. Refer to the "Other Discounts" page at <https://internal.simmons.edu/faculty-staff/working/benefits-compensation/discounts>.

Bank of America

Access financial wellness benefits through the Bank of America Preferred Rewards Program. See <https://promo.bankofamerica.com/PRGoldVideo/>.

COLLEGES OF THE FENWAY

Simmons University, along with the other colleges of the Fenway, is part of a consortium to enhance the student experience and seek innovation in higher education. For employees, this organization offers participation in fitness and wellness programs, performing arts, conferences, and even enrollment in courses. Visit www.colleges-fenway.org to learn more.

Other Parent Resources

To learn more about other available parent resources, access [Working Parent Resources](#).

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Adoption Benefit

Simmons will reimburse up to \$5,000 to help defray the costs associated with adoption. Any benefit eligible Simmons faculty or staff member who adopts a child is eligible for this benefit. For more information, contact benefits@simmons.edu or refer to the "Other Discounts" page at <https://internal.simmons.edu/faculty-staff/working/benefits-compensation/discounts>.

Time Off and Leave

Simmons provides generous paid time off with holidays, vacation, and winter break for staff. In addition, under the Massachusetts Earned Time Sick Law, Simmons is required to provide up to 40 hours paid or unpaid sick time per calendar year to employees.

There are also various leaves available for specific situations. Please see the [Benefits Website](#) for more information, including policies and guidelines.

Commuter Benefits

Simmons offers access to the following:

- MBTA subsidy (through Workday)
- [Longwood Collective TMA program](#), including Emergency Ride Home, Commute Fit, Commute Swap, Biking Resources and more

MBTA elections must be made on or before the 10th of a month to be effective the beginning of the following month.

BenefitHub

Through BenefitHub, enjoy discounts, rewards, and perks from thousands of brands in a variety of categories like travel, shopping, restaurants, entertainment, pet insurance, and more.

To enroll, go to simmons.benefithub.com, enter referral code 99Y61A, and complete the registration process.

Additional Benefits

Simmons supports employees through additional programs to help balance work and life, like:

- Travel Assistance services
- Simmons bookstore discounts and Simmons library access
- Free museum passes
- Access to the Holmes Sports and Fitness Center
- Free *New York Times* and *Boston Globe* subscriptions
- Local hotel discounts
- Auto rental discounts
- Zipcar reduced membership fees
- Bank and Credit Union programs
- Technology discounts
- Canobie Lake Park discounted passes

Simmons offers a variety of programs to supplement your life and help you find balance. Visit the [Benefits Website](#) to learn more.

YOUR SIMMONS ID CARD / FENWAY CARD

Your Simmons ID card serves as your library card to the Simmons Beatley Library and gives you access to a wide variety of services, including free passes to the Museum of Fine Arts and Isabella Stewart Gardner Museum. This card, also referred to as a Fenway Card, allows eligible employees to prepay for services by opening an account at the Campus Card Services. You can pay for items at the bookstore and food from the Common Ground and the Fens cafeteria with your Fenway Card.