Sam Simmons

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Education:

Simmons University School of Social Work, Boston, MA Master of Social Work (MSW) Candidate Anticipated 05/2026

The College of New Rochelle, New Rochelle, NY Bachelor of Science in Psychology

Graduated 05/2019

Employment Experience:

Home for Little Wanderers, Waltham, MA

06/2021 - Present

Direct Care Counselor

- Provide a safe, supportive environment for children ages 12-18 living in a group home.
- Communicate with other counselors from previous shifts to ensure the continued flow of information.
- Assist with the implementation of treatment plans that support the attainment of educational and social goals for residents.
- Document daily living activities in residential log.

Community Healthlink, Inc., Worcester, MA

06/2019 - 05/2021

Therapeutic Mentor

- Provided structured, one-to-one, strength-based support services to youth for the purpose of addressing daily living, social, and communication needs.
- Developed and implemented Individual Intervention Plans (IIP).
- Collaborated with other professionals to ensure IIPs met client needs and supported the goals set by team members.
- Engaged in skill-building activities to improve communication, teach parenting techniques and strengthen family functioning.
- Maintained documentation of all sessions.

Internship Experience:

Action for New York Community Development, Inc., New York, NY 09/2018 - 05/2019 Family Services Intern (Undergrad)

- Performed eligibility screening through client intake process.
- Met with clients one-on-one to provide case management through the following services: food pantry, holiday assistance, fuel assistance, access to SNAP, referrals to other ABCD programs/services, and referrals to external programs/services.

- Assembled client files and completed data entry for services rendered through online
- client tracking program.
- Participated in outreach events in an effort to share resources with the community.

<u>Additional Experience:</u>

Family Child Care Provider, Local family, 2015 - Present Receptionist, Admission Office at The College of New Rochelle, 2016 - 2019

Trainings:

- Fostering Resilience in Trauma-Impacted Youth and Families: The Attachment, Self-Regulation, and Competency (ARC) Treatment Framework, <u>Trauma Center</u> at JRI – 6/27/22 & 6/28/22
- Motivational Interviewing: Making Real Change Possible, <u>The Bridge Training</u> <u>Institute</u> – 10/16/20
- Adult First Aid/CPR/AED, Red Cross of Northeast MA-Lawrence 6/25/22
- Therapeutic Crisis Intervention (TCI) Training, The Home for Little Wanderers 9/2/23