



# Get Help to Quit Smoking

Harvard Pilgrim offers prescription drug coverage and other tools to help you quit smoking for good.

## Smoking Cessation Prescription Drug Coverage

Harvard Pilgrim covers FDA-approved smoking cessation drugs that may help you quit smoking more easily at \$0 cost-sharing for all prescription-strength and generic over-the-counter products:\*

- › **Nicotrol Inhaler**
- › **Nicotrol Nasal Spray**
- › **Chantix (varenicline)**
- › **Buproban**
- › **Bupropion**
- › **Over-the-counter products**  
such as gum, lozenges and patches

### Nationwide resources:

**[smokefree.gov](http://smokefree.gov)**  
English: **800-QUIT-NOW**  
Spanish: **800-8-DÉJALO**  
TTY: **877-777-6534**

**[cancer.org](http://cancer.org)**  
**800-ACS-2345**

### State resources:

**Massachusetts Tobacco Cessation & Prevention**  
**[mass.gov/take-the-first-step-toward-a-nicotine-free-life](http://mass.gov/take-the-first-step-toward-a-nicotine-free-life)**

**Maine Tobacco Help Line**  
**[thequitlink.com](http://thequitlink.com)**

**QuitNow-NH**  
**[quitnownh.org](http://quitnownh.org)**

Learn more at **[harvardpilgrim.org](http://harvardpilgrim.org)** or call member services at **888-333-4742 (TTY: 711)**

\* All are excluded from mail order. Other restrictions may apply. Coverage information is for commercial plan members. This is not all-inclusive and is subject to change as formulary updates are made. For the current Harvard Pilgrim formulary please see [here](#).

Harvard Pilgrim Health Care includes Harvard Pilgrim Health Care, Harvard Pilgrim Health Care of New England and HPHC Insurance Company.