

Notes:

- Simmons requires that all undergraduates complete a minimum of 128 credits of coursework, fulfill PLAN and major/program requirements, and submit a Senior Audit form to graduate.
- You may declare a major after you have earned 32 credits. You must declare a major prior to earning 80 credits.

Core Requirements

Majors will complete the core of the following courses.

Course #	Course Title	Credits	Completed
PSYC 101*	Introduction to Psychological Science	4	
STAT 118	Introductory Statistics (or higher)	4	
PSYC 201	Biological Psychology (prereq: PSYC 101)	4	
PSYC 203	Research Methods in Psychology (prereq: STAT 118 & PSYC 101)	4	
PSYC 345	History and Systems of Psychology (prereq: PSYC 101)	4	

*AP Psychology Test Score of 4 or 5 may be used to replace the PSYC 101 requirement

To develop a breadth of knowledge across psychology focus areas, as well as depth in at least one area, students must complete a minimum of one, 4-credit course in each of the following three areas:

Basic Processes Course

Course #	Course Title	Credits	Complete
PSYC 244	Drugs and Behavior (prereq201)	4	

- Note: PSYC 244 (Drugs and Behavior) will be offered to meet the Basic Processes Course requirement. Students may transfer other courses that are approved by the academic department to meet this requirement. Courses may include Cognitive Psychology (PSYC 243), Learning and Conditioning (PSYC 245), Motivation and Emotion (PSYC 246), and Sensation and Perception (PSYC 247).

Social and Developmental course

Course #	Course Title	Credits	Complete
PSYC 235	Developmental Psychology (prereq101)	4	

- Note: PSYC235 (Developmental Psychology) will be offered to meet the Social and Developmental course requirement. Students may transfer other courses that are approved by the academic department to meet this requirement. Courses may include Psychology of Adolescence (PSYC236), Psychology of Aging (PSYC239), and Social Psychology (PSYC248).

Clinical and Personality course

Course #	Course Title	Credits	Complete
PSYC231	Psychopathology and Mental Health	4	

- Note: PSYC231 (Psychopathology and Mental Health) will be offered to meet the Clinical and Personality course requirement. Students may transfer other courses that are approved by the academic department to meet this requirement. Courses may include Theories of Personality (PSYC230) and Health Psychology (PSYC232).

Capstone Requirements

Students fulfill the capstone requirement in the Department by completing two Courses: One Upper-Level Theory and Application Course and One Upper-Level Research Course (listed below).

Course #	Course Title	Credits	Complete
PSYC331	Seminar in Clinical Psychology (prereq: PSYC231)	4	
PSYC308	Research in Social Psychology (prereq: STAT118 & PSYC203)	4	

PLAN Requirements

PLAN (Purpose Leadership Action) is the Simmons undergraduate general education program. Some PLAN requirements can be fulfilled with courses required for this major, as indicated below. Additional PLAN requirements may be fulfilled through electives. PLAN requirements, with the exception of the capstone, are waived for students who have an associate's degree from an accredited institution. We highly recommend that you work closely with your advisor(s) to choose all of your courses.

Course Title	Credits	Completed
Math*: 1) Prior to first term, pass the mathematics competency requirement or 2) enroll in MATH 101 the first semester it is available	0/4	
CNCT 101: Simmons Connect**	3	
LDR 201: Gender and Leadership	4	
CDA 201: Cross-Disciplinary Approaches to Public Issues	6	
CNCT 201: Pathways to Career and Leadership (Recommended after CDA)	1	
3D Design Across Diverse Disciplines *** (Students work on this requirement while enrolled in SIM 301)	12	
Requirements	Course Selected	
Language & Culture****: Two (additional) Global Cultural (GC) courses		4
		4
Quantitative Literacy (QL)	STAT118 or higher	4

Key Content Areas ***** (KCAs)	Aesthetic, Literary, and Artistic (ALA)		4	
	Global Cultural (GC)		4	
	Scientific Inquiry (SCI)	PSYC201	4	
	Social and Historical (SH)		4	

**Students must satisfy the math competency requirement during their first semester at Simmons. Students who do not pass the mathematics competency exam by orientation or who do not meet the math competency requirement in one of the other ways described above must take MATH 101 in the first semester it is available.*

***We highly encourage all students to take Simmons Connect in their first semester, and we recommend this course for all students, even those who enter with an associate's degree.*

****The 3D (Design Across Diverse Disciplines) requirement may be met with one course in your major and two additional courses (which may also satisfy KCA requirements).*

*****Students admitted in the May 2021 cohort are required to take two sequential courses in the same language (for example, French 101 and 102).*

******KCA requirements may be satisfied by courses in your major, LC courses, and/or 3D courses.*

Program Contact

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