Use technology to your advantage.

Save yourself time by downloading myCYC, our secure mobile app. Use it to:

- √ View account balances and payments
- ✓ Request a payment
- ✓ Receive important account alerts
- ✓ Take a photo of your receipt and upload it. directly to the system
- √ View FAQs or tap to call Customer Service

Are you an advanced user? Sign up for Mobile Alerts in your online account for text messaging.















Because HSA contributions are set aside before taxes are taken from your paycheck, the amount of income you pay taxes on is reduced and you save money.

A typical HSA participant can save \$490 a year* - how do your savings add up?

	With HSA	No HSA
Annual pay	\$35,000	\$35,000
Pre-tax HSA contribution	-\$1,500	-\$0
Taxable income	=\$33,500	=\$35,000
Federal income and Social Security taxes	-\$7,362	-\$7,852
After-tax dollars spent on eligible expenses	-\$0	-\$1,500
Spendable income	=\$26,138	=\$25,648
Potential Tax Savings with an HSA	\$490*	\$0

*Sample tax savings for a single taxpayer with no dependents; actual savings will vary based on your individual tax situation. Consult a tax professional for more information.

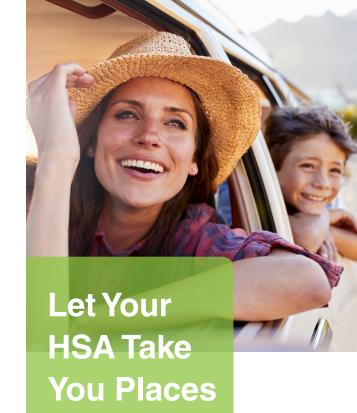
Please keep in mind that your state might have different tax rules. Always refer to your state's tax guidance regarding HSA filing and taxation.

Your HSA will get you there.

Did you know that your Health Savings Account can help you grow your financial future?

- ✓ **Build it up.** Because your contributions are pre-tax, for every \$100 you put into your HSA, your paycheck is only reduced by about \$70 (depending on your tax bracket).
- ✓ **Build it more.** Interest and investment earnings are also tax-free. The earlier you start, the more you'll have later on.
- ✓ Pay it forward. Consider paying for care with personal funds instead of your HSA, and record those eligible transactions in HSA Save-It!™ for future cash.
- ✓ **Spend it later.** With HSA Save-It!, because all disbursements are for eligible expenses accumulated throughout the life of your HSA, you can treat yourself to a vacation, shopping spree, or even a boat when you're ready to cash it out.





Tips to Get the **Most Out of Your Health Savings** Account connectyourcare.com







Your HSA, Your Way

- √ Tax savings for health care expenses
- ✓ Health care payment card
- ✓ Quick and easy payments
- ✓ Online and mobile account access
- ✓ Health education tools
- √ 24/7 customer service



Know how it works.

A Health Savings Account (HSA) is like a 401(k) for health care - a tax-advantaged account that you can use for qualified medical expenses today or save for the future.

- ✓ Yours forever Your HSA is owned by you, is immediately 100% vested, and never expires.
- ✓ Use it today Use your pre-tax HSA funds to cover health expenses today - it's like getting a discount on every bill.
- Grow it for tomorrow HSAs earn interest and may be invested. Even better - unused HSA funds roll over each year and continue to earn interest and grow.

We make it quick and easy to use your HSA.

- ✓ Payment Card You will receive a health care payment card to pay for eligible expenses.
- ✓ Online and Mobile App If you do not use your card, you can quickly and easily submit payment requests online or on our mobile app. Check your account balance and payments online or on your mobile device.
- ✓ We're here to help Always available for questions, 24/7.

Need more information on how it works?

Check out HSAs For Dummies® at www.ConnectYourCare.com/hsafd



Maximize your savings.

By maximizing your contributions and reviewing your investment options today, you can grow your account for tomorrow.

- ✓ Interest earnings from day one! Enjoy interest earnings on your HSA balance from the first day your HSA is active.
- ✓ Investments for the saver in you! Consider investing HSA funds in nationally recognized mutual fund families. It's simple to set up and manage online.

Savings That Really Add Up

Say you contribute \$3,000 a year to your HSA each year until retirement. Assuming you use \$1,500 a year for medical expenses, earn 8% a year in interest and investments, and reinvest all earnings, your savings can really add up.*

Starting Age	HSA Value at age 65
25	\$419,680
35	\$183,523
45	\$74,137
55	\$23,469

How Much Could YOU Save?

Try the HSA Growth Estimator at www.ConnectYourCare.com/calculators to see how much you could save by retirement.

*ConnectYourCare Calculator: HSA Growth Estimator
This calculator is intended merely as a planning tool and is not
meant as tax or investment advice. Before taking any action based
upon the results provided, please consult with a tax consultant or
expert.

Why HSAs Rock - Triple Tax Savings!

- 1. Contributions are not taxed.
- 2. Investment earnings and interest growth are not taxed.
- 3. Withdrawals for eligible expenses are not taxed.

Your state might have additional applicable tax rules. Always refer to your state's tax guidance regarding HSA filing and taxation.

Know what's covered.

Use your HSA on eligible expenses for you and your family. Here are some examples.

- ✓ Acupuncture
- ✓ Birth control
- ✓ Childbirth classes
- ✓ Chiropractic visits
- ✓ Coinsurance and deductibles
- ✓ Dental care
- Eye exams, glasses, and contacts
- ✓ Fertility treatment
- ✓ Hearing aids
- ✓ Laboratory fees
- ✓ Laser eye surgery
- ✓ Orthodontia
- √ Physical therapy
- ✓ Prescription drugs
- √ Psychotherapy
- Smoking cessation programs
- ✓ Speech therapy
- ✓ Well-baby and wellchild care

- ✓ Bandages
- ✓ Braces and supports

Over-the-counter items:

- ✓ Catheters
- ✓ Contact lens supplies and solutions
- ✓ Denture adhesives
- Diagnostic tests and monitors
- ✓ Family planning items
- ✓ First aid supplies
- ✓ Insulin and diabetic supplies
- Ostomy products
- ✓ Reading glasses
- ✓ Sunscreen and sun block (SPF15+broad spectrum)
- ✓ Wheelchairs, walkers, and canes

Examples of ineligible expenses include: gym fees, cosmetics, cosmetic surgery, teeth whitening, toothpaste, and toothbrushes.

For more information on eligible expenses, please consult your tax advisor or visit **ConnectYourCare.com**.

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