**PROCESS RECORDING OUTLINE**

**Session#:** \_\_\_\_\_ **Student’s Name:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ **Date**: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Introduction:**

*Include who participated in the session, the setting (office, home visit, phone, etc.), general impressions of client’s appearance and behavior, and purpose for the meeting. Please disguise client name and identifying information.*

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**Student Learning Goals:**

*Identify 1-2 learning goals for the session, for example, explore affect, ask open-ended questions, intervene using a cognitive behavioral approach, etc.*

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**Recording of Interview:**

*Text in gray below is there to guide you as your fill in your process recording. You may delete that information after you know what is expected in each area. This section should be at least 4 pages.*

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| **Student – Client Interaction Dialogue** | **Self-Reflection/**  **Rationale for Intervention** | **Supervisor’s Observations** |
| *(Beginning students should record all interactions, verbal and non-verbal. As the first year progresses students will become more selective and develop better recall of the interview and key interactions and use of words. By the end of the first year and in second year, the recordings should take less time and will focus on learning goals like diagnostic assessments, sitting with or pursuing affect, beginnings or endings, listening skills, etc.)* | *(Worker shares their affective and cognitive reflections about the client, the interview, and worker’s use of self. This is a place to critique one’s work and progress in mastering interviewing skills, planned interventions, self-awareness of counter-transference feelings, reflections about areas of diversity- i.e. race/ethnicity, class, religion/spirituality, sexual orientation, etc.) , and integration of theory with observations.*  *(Rationale for intervention: includes application of theory, reasons for choosing a particular intervention, use of evidence informed practice.)* | *(Supervisor’s comments should be constructive and supportive. May include modeling of different ways to phrase questions or intervene.)* |

**Impressions:**

*What are your impressions about how you handled the interview? What are your thoughts about your client’s progress? How do you understand your role?*

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**Reflection on Policy, Research, Ethics or Social Identity:**

*Choose one of the following topics to reflect on for this session. Over the course of the semester, please reflect on each of the topics.*

*1. How do aspects of social identify impact your work with this client?*

*2. What thoughts do you have about how public policies impact your client? How do they affect your work with the client?*

*3. Is there a question you have about this client, or your work with the client, that research might help you to address?*

*4. What ethical dilemmas have arisen in this clinical situation and what questions do you have?*

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**Plan:**

*What is the plan for future sessions?*

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**Questions for Supervision:**  
*Which aspects of the interview would you like feedback on? What questions do you have for your field instructor?*

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