

Alternative

Save on alternative services nationwide like massage therapy and acupuncture.



Living Healthy NaturallySM



A complementary approach to health

- **Services:** massage therapy, acupuncture, pilates, yoga, and much more
- **Discounts:** save up to 30 percent on select services or medicine
- **Peace of mind:** relax knowing all practitioners meet requirements for education, training, and facilities

Go to www.bluecrossma.com/alternative-care